



Spiritus Gladius

The Weekly News Letter of the Collegiate Church of
Saint Paul the Apostle, Savannah

The Weekday Kalendar

Monday	Lenten Feria MP 9:00 am HE 12:15 pm EP 5:30 pm
Tuesday	Gregory the Great MP 9:00 am EP 5:30 pm HE/HS 6:00pm
Wednesday	Lenten Feria (Ember day) Lauds 6:45 am HE 7:00 am MP 9:00 am EP 5:30 pm
Thursday	Lenten Feria MP 9:00 am HE/HS 10:00 am EP 5:30 pm
Friday	Lenten Feria (Ember Day) Lauds 6:45 am HE 7:00 am MP 9:00 am EP 5:30 pm Stations of the Cross 6PM

MP - Morning Prayer HS - Healing Service
HE - Holy Eucharist EP - Evening Prayer

The First Sunday in Lent

March 10, 2019

8:00 a.m.	Low Mass
9:15 a.m.	Christian Education
9:45 a.m.	Morning Prayer
10:00 a.m.	Solemn High Mass
12:15 p.m.	Misa en Español
5:30 p.m.	Evensong (weekly) & Benediction (4 th Sunday)
6:30 p.m.	Evening Mass

There is a 3 pm Mass at St. Bartholomew's,
Chevis Road at Wild Heron Road on the
2nd and 4th Sundays of the Month

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The Propers
[Deuteronomy 26:1-11](#)
[Psalm 91:1-2, 9-16](#)
[Romans 10:8b-13](#)
[Luke 4:1-13](#)

Parish Office Hours: Monday thru Thursday
10 am - 1 pm / closed on Friday
912.232.0274 (Voice)
912.232.0337 (Fax)

Reflections

Dear Sisters and Brothers in Christ:

My Lenten Rule: mostly borrowed from Pascha Nostrum the Parish Magazine of the Church of the Resurrection, New York City

Fasting – the weekdays in Lent (not the Sundays) are all fast days, meaning that the amount of food eaten is reduced. A good rule might be no snacks, no seconds, no desserts and no alcohol. If none of these are normally part of your daily life, you might consider giving up a favorite food. It is important that whatever we do it should be sacrificial, yet not overwhelming. Ash Wednesday and Good Friday are strict fasts: one full meal late in the day and a light meal earlier in the day. All whose health, work, and age permit should fast. This Lent I resolve to:

Mass – Lent is a good time to add a weekday Mass to your usual observance. Each weekday Mass has its own character and tend to be more intimate and contemplative, than the Sunday Eucharist. Many find them a great blessing. The schedule includes, Monday, 12:15pm; Tuesday 6pm; Wednesday 7am; Thursday 10am and Friday 7am. This Lent I resolve to:

Stations of the Cross – Each Friday in Lent at 6pm we follow Our Lord’s way to the Cross, using the stations in the Church. This spiritual devotion makes us acutely aware of the trials suffered by Jesus in the Crucifixion. If you cannot be present at the scheduled time, the devotion may be made privately. The devotion closes with adoration and Benediction. This Lent I resolve to:

Spiritual Reading – An ancient custom is to take on a spiritual book for regular reading in Lent. This can be a book of Scripture or one of the spiritual classics. For suggestions ask the Dean or Father Charles.

Daily Office – If you don’t presently read Morning and Evening Prayer from the Book of Common Prayer, Lent is an excellent time to start. It takes some effort and discipline to get the habit established but many have found it a profound help in their daily life and the source of great nourishment. The regular prayers, psalms and Scripture draw us out of our narrow spiritual views, providing us with the riches of the faith in ways that bear great fruit. There are a number of on-line resources available including, www.missionstelare.com, which has an app. This Lent I resolve to:

Confession – availing yourself of the sacrament of penance at the beginning and end of Lent not only provides an opportunity for careful self-examination, but it is a powerful weapon against temptation and the lies of the devil – who would have you believe that God cannot love you among other untruths. This Lent I resolve to:

Service – Many take on a special work of charity or acts of kindness during Lent in addition to pious acts. You might visit the sick and shut-in, look in on a neighbor in need, or volunteer to help a charity, or take on some special project at church. This Lent I resolve to:

Abstinence - Abstaining from meat on Wednesdays in Lent as well as Fridays (excepted by the Prayer Book only for the seasons of Christmas and Easter) is a common discipline in Lent. In other traditions meat, eggs and fats are avoided altogether during Lent. This Lent I resolve to:

Self-Denial – You may want to give up some special pleasure or recreation for Lent and give what you save monetarily for alms. Fasting and Almsgiving have a long and rich history of transformation and witness. This Lent I resolve to:

Scripture Reading and Classes – The Wednesday night Lenten class at 6pm, in Bishop Brady Hall, at St. Paul’s is an excellent opportunity to deepen your spiritual lives and your knowledge of the Faith. This Lent I resolve to:

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Parish News and Events

Music for this Sunday, March 10

Hymns: (Great Litany)147, (Tract: *Qui habitat*), 143, 448

Anthem: Lord For Thy Tender Mercies Sake
(Richard Farrant 1530-1580)

Communion Voluntary: “An Wasserflüssen Babylon”, J.S. Bach (1685-1750)

TIME CHANGE THIS SUNDAY!!!

Please remember to set your clock ahead one hour before going to bed Saturday night (or you’ll miss Mass!). Remember “Spring forward, Fall back.”

Confirmation/Reception

Are you interested in being confirmed or received into the Episcopal Church? If so, please speak with Fr. Willoughby. Preparation is happening on Sunday mornings at 9:15am and at Wonderful Wednesdays at 6:00pm. The book for Wonderful Wednesdays is Walk in Love by Scott Gunn and Melody Wilson Shobe. Books are available from Fr. Willoughby.

Stations of the Cross

will be held every Friday at 6:00 pm during Lent.

Lenten Fish Fry

There will be 3 Lenten Fish Fries this year: March 22, March 29, and April 5 following Stations of the Cross.

Chair Yoga Class

Heather Downs is offering a Chair Yoga class for all ages. It meets in the Parish Hall on Mondays at 10:30am.

Coffee Hour Hosts

The sign-up for Coffee Hour Hosts for January through March is now available on Sign-up Genius. You may use this link to sign up: <https://tinyurl.com/yb8aclr8> Thank you for your support of this important ministry.

One Book, One Diocese

The Diocese of Georgia encourages individuals and congregations to read the book Just Mercy by

Bryan Stevenson during Lent.

In this coming of age memoir, Stevenson recounts his early career and the cases that led him to found the Equal Justice Initiative. He worked through the United States Supreme Court to prohibit sentencing children under 18 to death or to life imprisonment without parole.

Stevenson has assisted in cases that have saved dozens of prisoners from the death penalty, advocated for poor people, and developed community-based reform litigation aimed at improving the administration of criminal justice.

The book is available in paperback and as an audio-book read by the author. (Fr. Charles highly recommends the audio book!)

Listening Session for XI Bishop Search

A listening session for the search for the XI Bishop of Georgia will be held for the Savannah Convocation at St. Paul’s at 3 PM, Sunday, March 31.

The Search Committee has designed a survey for the XI Bishop Search that includes the questions that are also asked at the Diocesan Listening Sessions. To take the survey go to:

<https://www.surveymonkey.com/r/G5FNRY3>

Parish Clean-up Day for Easter

We will have a parish clean-up day on Saturday, April 6th from 9:00am until noon. We really need everyone to give us a hand getting the Church ready for Easter. Please consider joining us for this clean-up day, even if you can only give an hour - every little bit helps!!

Women’s Mid-Life Yoga Retreat at Honey Creek

Women in mid-life across the Diocese of Georgia, including all who are new to yoga and those who have been practicing for awhile, are invited to settle their souls at the newest event at Honey Creek, a Mid Life Women’s Yoga Retreat. Hosted by Yogi Gabriele Stauf, this two-day event (arrive Friday evening) will include yoga, mindfulness, a look at the spiritual yoga practice and end with a Eucharist. Optional massages and one on one yoga instruction are also available. Space is limited so sign up soon! To register go to: http://honeycreek.org/?event_listing=womens-life-reset-2019

Lay Ministers

8am

Ed Minor (LEM)
Harvey Ferrelle (Lector)

10am

Marion Paquin (Subdeacon)
Billy Wooten (Lector)

Acolytes

Craig Hopkins
Jackson Whalen
Palmer Walker
Sophia Breton
Quinn Scott

Head Usher

Daniel Porter

Year-To-Date

Inflows Jan 2019

\$29,155.93

Outflows Jan 2019

\$32,729.04

Balance (-\$3,573.11)

Budget needed each week

\$8,567.00

Offering

\$4648.00

Restricted Offering

\$85.00

St Paul's Collegiate Church

1802 Abercorn Street - Savannah, GA 31401

34th & Abercorn Streets

1.912.232.0274

The Episcopate

The Right Reverend Scott A. Benhase, D.D.
Bishop of Georgia

The Most Rev. Michael B. Curry, D.D.
Primate, Episcopal Church, USA

The Most Rev & Rt Hon Justin Welby,
D.D.

Archbishop of Canterbury

Honorary Assistant Clergy

Canon J. Robert Carter. PhD

Fr. George B Salley, Jr

The Rev. John G Anderson

Lutheran Pastor in Residence

Staff

The Very Rev. Dr. Wm Willoughby III, OSTJ
Rector & Dean of Savannah

The Reverend Charles E. Todd, ECSB
Vicar & Administrator

The Reverend Michael J. Chaney,
Associate & College Missioner

The Reverend Susan E. Gahagan, ECSB
Deacon

The Reverend Sara Zevallos, Deacon

Robert M. Fogle Music Director

Joe Daniels, Sexton

Victor Moreno, Pastoral Assistant

Colleen Willoughby, Youth Minister

The Vestry

Sarah Ward, Senior Warden, '22

Mark Frissell, Junior Warden, '21

Heather Downs, Clerk, '21

Jim Burch '20, Cuffy Sullivan, '20

Marsha Tolbert, '20, Dan Porter, '20,

Kris Lee, '21, Jerry Riley, '21

Ana Carter, '22, John Ely, '22

Lorna Smith, '22

Carl Pruetz Treasurer

Thanksgivings & Memorials

Birthdays

Renae Scott (11)

Alfred Waite (12)

Joshua Levy Ward (12)

Rebecca Chancey (13)

Billy Wooten (14)

Tom White (14)

Colleen Willoughby (15)

Anniversaries

Billy Wooten and

Melvin Hutcheson(14)

Departed

Patrick Laves(10),

Pauline McAlpin(12),

Rev Robert Marlow(12)

Virginia Miller(15)

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*