



Spiritus Gladius

The Weekly News Letter of the Collegiate Church of
Saint Paul the Apostle, Savannah

The Weekday Kalendar

Monday	Janani Luwum MP 9:00 am HE 12:15 pm EP 5:30 pm
Tuesday	Simeon of Jerusalem MP 9:00 am EP 5:30 pm HE 6:00 pm
Wednesday	Feria Lauds 6:45 am HE 7:00 am MP 9:00 am EP 5:30 pm
Thursday	Fredrick Douglas MP 9:00 am HE 10:00am EP 5:30 pm
Friday	John Henry Newman Lauds 6:45am HE 7:00am MP 9:00 am EP 5:30 pm

MP - Morning Prayer HS - Healing Service
HE - Holy Eucharist EP - Evening Prayer

Epiphany 6 February 16, 2020

8:00 a.m.	Early Mass
8:30 a.m.	Choir Rehearsal (<i>upstairs</i>)
9:15 a.m.	Christian Education
9:45 a.m.	Morning Prayer
10:00 a.m.	Solemn High Mass
12:15 p.m.	Misa en Español
5:30 p.m.	Evensong (weekly) & Benediction (4 th Sunday)
6:30 p.m.	Evening Mass

*There is a 3 pm Mass at St. Bartholomew's,
Chevis Road at Wild Heron Road on the
2nd and 4th Sundays of the Month*

The Propers
[Deuteronomy 30:15-20](#)
or [Sirach 15:15-201](#)
[Corinthians 3:1-9](#)
[Matthew 5:21-37](#)
[Psalm 119:1-8](#)

Parish Office Hours: Monday thru Thursday
10 am - 12 pm / closed on Friday
912.232.0274 (Voice)
912.232.0337 (Fax)

REFLECTIONS

My Lenten Rule:

Fasting – the weekdays in Lent (not the Sundays) are all fast days, meaning that the amount of food eaten is reduced. A good rule might be no snacks, no seconds, no desserts and no alcohol. If none of these are normally part of your daily life, you might consider giving up a favorite food. It is important that whatever we do it should be sacrificial, yet not overwhelming. Ash Wednesday and Good Friday are strict fasts: one full meal late in the day and a light meal or collation earlier in the day. All whose health, work, and age permit should fast. This Lent I resolve to :

Mass – Lent is a good time to add a weekday Mass to your usual observance. Each weekday Mass has its own character and tend to be more intimate and contemplative, than the Sunday Eucharist. Many find them a great blessing. The schedule includes, Monday, 12:15pm; Tuesday 6pm; Wednesday 7am; Thursday 10am and Friday 7am. This Lent I resolve to:

Stations of the Cross – Each Friday in Lent at 6pm we follow Our Lord's way to the Cross, using the stations in the Church. This spiritual devotion makes us acutely aware of the trials suffered by Jesus in the Crucifixion. If you cannot be present at the scheduled time, the devotion may be made privately. The communal devotion closes with adoration and Benediction. This Lent I resolve to:

Spiritual Reading – An ancient custom is to take on a spiritual book for regular reading in Lent. This can be a book of Scripture or one of the spiritual classics. For suggestions ask the Dean or Mother Lauren. This Lent I resolve to :

Daily Office – If you don't presently read Morning and Evening Prayer from the Book of Common Prayer, Lent is an excellent time to start. It takes some effort and discipline to get the habit established but many have found it a profound help in their daily life and the source of great nourishment. The regular prayers, psalms and Scripture draw us out of our narrow spiritual views, providing us with the riches of the faith in ways that bear great fruit. Consider joining us online at the Facebook group Morning Prayer in GA. This Lent I resolve to:

Confession – availing yourself of the sacrament of penance at the beginning and end of Lent not only provides an opportunity for careful self-examination, but it is a powerful weapon against temptation and the lies of the devil – who would have you believe that God cannot love you among other untruths. This Lent I resolve to:

Service – Take on a special work of charity or acts of kindness during Lent in addition to pious acts. You might visit the sick and shut-in, look in on a neighbor in need, or volunteer to help a charity, or take on some special project at church. This Lent I resolve to:

Abstinence - Abstaining from meat on Wednesdays in Lent as well as Fridays (excepted by the Prayer Book only for the seasons of Christmas and Easter) is a common discipline in Lent. In other traditions meat, eggs and fats are avoided altogether during Lent. This Lent I resolve to:

Self-Denial – You may want to give up some special pleasure or recreation for Lent and give what you save monetarily for alms. This Lent I resolve to:

Parish News and Events

Hymns & Anthems:

Hymns:

616, 440, Doxology, 635, 344

Anthems and Instrumental

Anthem: *O Sing Joyfully*

Text: Psalm 81

Music: Adrian Batten (c.1580-1637)

*O sing joyfully unto God our strength:
make a cheerful noise unto the God of Jacob.*

*Take the song, bring hither the tabret: *
the merry harp with the lute.*

*Blow up the trumpet in the new moon:
e'en in the time appointed.*

And upon our solemn feast day.

*For this was made a statute for Israel:
and a law of the God of Jacob.*

Coffee Hour Hosts

The sign-up for Coffee Hour Hosts for **February and March** is now available on Sign-up Genius (*Copy and paste this link to sign up*):

<https://tinyurl.com/w2e2qxa>

Thank you for your support of this important ministry.

Many thanks to Julianne Johnson and Erick Nowicki, hosts of coffee hour February 9th.

Chair Yoga

Heather Downs leads a chair yoga group in the Parish Hall every Monday at 10:30 am. If you are interested, just bring your mat and show up! For further questions, please contact Heather at 912-507-4218

Vestry Meeting

The vestry will participate in a retreat at Sacred Heart Church this Saturday, February 22nd from 9am-3:30pm.

Wonderful Wednesdays This Week

On Wednesday, you are invited to join fellow parishioners for a meal and a discussion of the book *Walk in Love* at 6pm, in the Parish Hall.

Bring Your Palms

If you have saved your palm branches from last year's Palm Sunday Mass, please bring them to church and place them in the basket in the Narthex. Palms will be burned (and the Alleluia will be buried) following the 10am mass on Sunday, February 23rd.

Shrove Tuesday

Join your fellow parishioners as we celebrate Shrove Tuesday mass and dinner, hosted by the Men's Club, on February 25th at 6:00 p.m. Parishioner Dan Porter, chef extraordinaire, will prepare a delicious Cajun chicken meal. What does Shrove mean? The word *shrove* is a form of the English word *shrive*, which means to obtain absolution for one's sins by way of Confession and doing penance. Thus Shrove Tuesday was named after the custom of Christians to be "shriven" before the start of Lent.

Ash Wednesday Masses

Mass and ash distribution will be held on Wednesday, February 26th, at 7am, 12:15pm and 6pm.

Stations of the Cross

Join your fellow parishioners as we pray the Stations of the Cross, every Friday during Lent at 6:00pm in the church.

Quiet Day of Reflection

All parishioners are invited to attend a day of reflection on Saturday, March 7, from 8:30 am-1:00pm. Our presenter this year will be the Rev. Lauren Flowers Byrd.

Lay Ministers 02-16-2020

8 am

John Ely (LEM)
Lorna Smith (Lector)

10am

Marion Paquin (Sub Deacon)
Bill Weaver (Lector)

Acolytes

Craig Hopkins
Jackson Whalen
Palmer Walker
Quinn Scott

Head Usher

Vicki Minor

Year-To-Date

Inflows November 2019
\$390,070.43

Outflows November 2019
\$393,108.17

Balance (-\$3,037.74)

Budget needed each week
\$8,567.00

Offering 02-09-2020

\$6822.19

Restricted 02-09-2020

\$25.00

St Paul's Collegiate Church

1802 Abercorn Street - Savannah, GA 31401
34th & Abercorn Streets
1.912.232.0274

The Episcopate

The Right Reverend Scott A. Benhase D.D.
Bishop of Georgia

The Most Rev. Michael B. Curry D.D.
Primate, Episcopal Church, USA

The Most Rev & Rt Hon Justin Welby D.D.
Archbishop of Canterbury

Honorary Assistant Clergy

Canon J. Robert Carter. PhD
Fr. George B Salley, Jr
The Rev. John G Anderson
Lutheran Pastor in Residence

Staff

The Very Rev. Dr. Wm Willoughby III, OStJ
Rector & Dean of Savannah

The Reverend Leonel Polanco
Latino Missioner

The Rev'd Lauren Flowers Byrd
Assisting Priest

The Reverend Susan E. Gahagan, ECSB
Deacon

The Reverend Sara Zevallos, Deacon
Robert McDowell Fogle III

Music Director & Administrator

Nathan P. Wilson, Asst. to the Dean
Joe Daniels, Sexton

Victor Moreno, Pastoral Assistant
Colleen Willoughby
Convo Coordinator

Grace Downs, Children's Ministries
& Children's Choir

The Vestry

Sarah Ward, Senior Warden, '22
Mark Frissell, Junior Warden, '21

Heather Downs, Clerk, '21

Judy Naylor-Johnson '23, Erick Nowicki '23

Adriana Ramirez '23, Simona Perry '23,

Kris Lee, '21, Jerry Riley, '21

Ana Carter, '22, John Ely, '22

Lorna Smith, '22

Carl Pruetz Treasurer

Thanksgivings & Memorials

High Altar Flowers

Are given to the greater glory of God and in thanksgiving for the birthday of Sam Bignault, given by his parents Cindy and Michael Bignault

Virgin Altar Flowers

Are given to the greater glory of God and in thanksgiving for the birthday of Ashley McCrea, Granddaughter of Marjory Stephens

Walsingham Shrine Flowers

Are given to the greater glory of God and in thanksgiving for many blessings by the parish.

Virgin Altar Lamp

Is given to the greater glory of God and in thanksgiving for many blessings by the parish.

Sanctuary Altar Lamp

Is given to the greater glory of God and in thanksgiving for many blessings by the parish

.Birthdays

Sam Bignault (16)

Jackson Whalen (17)

Kathy Waite (17)

Phillip Chancey (17)

Dottie Dunn (20)

Peter Morris (21)

Anniversaries

Renae and John Scott (18)

Expectant Mothers

Ashley

Stefani Morris

Departed

Charles Wilcox Westerfield, Sr.
(19)

Benjamin Albert Sinkus (20)

Martha Hoagland Embry (21)

Jeffery Michael Fox (22)